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Editor's Note

I'm barely over the Christmas hype, and we are already inundated with bunnies, hot-cross buns, Easter eggs, and chocolate... lots of chocolate! There is more to Easter than overindulging in chocolate though. Read about the true meaning of this holiday on page 36.

April is my birthday month. Yes, I celebrate for a month, not a day. Besides, it's a big one this year! Hopefully, I'll get to travel soon, back to Madikwe Private Game Reserve and visit Jaci and Jan at Jaci's Lodges. What a beautiful place!

As winter approaches, be sure to plant your beautiful bulbs. Follow the guide on page 22.

Don't forget to enter our competitions. Among the regulars, we have an exciting new one this month from Shuttleworth Weaving, so don't miss out on the possibility of winning a stunning throw worth R2270!

Happy reading... and puzzling... and baking... and...!

Chat soon, much love,

Natalie Gilbert, Senior Living Magazine Editor

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Discounts and Offers .....pg 4
Collector's Corner .....pg 6
A Lifetime of Adventure! .....pg 8
Scribblings From My Namibian Journal .....pg 12
Camera Corner .....pg 14
Yeast-Free Hot Cross Buns .....pg 16
Easy Homemade Indoor Plant Fertiliser .....pg 18
Puzzle Corner .....pg 24
Start a WhatsApp Chat With Just Yourself! .....pg 28
How To Increase Your Vitamin Intake During Winter.....pg 30
Poetry Corner.....pg 32
South African Garden Birds .....pg 34
What Is Easter All About? .....pg 36
Comic Relief.....pg 42
Jokes Corner.....pg 44
Competition Corner .....pg 46

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Discounts and Offers

Please confirm all discounts beforehand, as they are subject to change, and notify us of any discounts that you encounter for the benefit of the readership.

Monday/Tuesday/Wednesday

- Avondale Spar: 5% discount (not on promotions), loyalty card required (bring ID and ID photo).

Monday

- Village Yard, 41 Howick: 10% discount.

Tuesday

- SuperSpar Richden's Village: 5% discount.
- Knowles SuperSpar: 5% discount, pensioner's card required.
- Caversham Glen Pick n Pay: 5% discount, pensioner's card required.
- Merrivale SuperSpar: 5% discount, Spar card required.
- Parklane SuperSpar: 5% discount on all purchases.
- Hilton Quarry Centre Spar: 5% discount, free delivery in Hilton.
- Blackwoods Nursery : 10% discount for seniors (from age 65).
- Village Feeds in Hilton: 10% discount.
- SuperSpar Glenwood, Durban: 5% discount (not on promotion lines) and market day specials; grocery deliveries or pick-and-collect available.
- Cookhouse: 10% discount on all frozen meals.

Wednesday

- Musgrave Pick n Pay: double Smart Shopper points.
- Clicks: Double Club Card points for over 60s.
- Builders Express Pinetown: 10% discount, loyalty card required.

Thursday

- Merrivale SuperSpar: 5% discount, Spar card required.
- Hilton Quarry Centre Spar: 5% discount, free delivery in Hilton.
- Tanglewood Nursery Hilton – Pensioners' Day Every Thursday: pensioners receive a 20% discount on all plants.

Every Day

- Bargain Books, Hillcrest: 10% discount (bring ID book to register).
- Makro: Up to 5% discount on food products (incl butchery, grocery, fruit and vegetables), up to 10% discount on general products, pensioner's card required.
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Collector's Corner

With Daryl Kriel from Kensington Bond

I have this tea set is it worth anything ?
- Patricia

This company began in a pottery called the Albert Works in Stoke-on-Trent, purchased by Thomas Wild in 1895. It only took on the name Royal Albert in 1904 after having received a royal warrant as a provider to the royal household.

They were inspired by English country gardens, with many of the patterns being Rose-themed.

In 1946, the company bought Paragon. Locally, Paragon China does not command the same prices, even though many of them share patterns. In 2002, after Royal Doulton bought it, they stopped manufacturing in the UK and moved to Indonesia.

...received a royal warrant as a provider to the royal household.

Collectors are much more interested in the "Made in England" stamp. Your set is the Moonlit Rose pattern and would fetch between R6000 to R9000, providing they are all in perfect condition.

If anyone has anything interesting to sell or value, give Daryl from Kensington Bond Auctioneers a call on 033 330 3185 or 082 297 1117.

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A Lifetime of Adventure!

We recently caught up with Jan and Jaci and their son Tristan Van Heteren from Jaci's Lodges, Madikwe, and had a lovely chat about life in the bush, lessons learned, inspiration, and goals for the future.

Jan met Jaci on Bazaruto Island, Mozambique, thinking he was going fishing, and instead landed up getting caught himself, hook, line, and sinker! Married at 32, they built their first lodge in 1994, in Madikwe Game Reserve, North-West Province. Savanah was born in 1992 and twins, Dane, and Tristan in 1995.

> ...they built their first lodge in 1994, in Madikwe Game Reserve...

Jan has a zest for life; every morning for him starts with a warm bath and a cup of coffee! He has an attitude of "try to do something that scares you" and says that doing something that will make a difference in somebody else's life is what makes him feel alive!

> ...standing on the top of their Land Rover, stark naked, shouting at her husband...

Life only starts at 50, according to Jan. You need to do something new, go on an adventure! You only live once! You must smell new smells, eat new food, and see new things. Always one to express his good sense of humor, he says, "What is life? Life is about reproduction, food, and travel. We're over the reproduction part, so now let's work on the food and travel."

Living in the bush means unusual pets, Jan told us about his "Phumba Dog," a young boar warthog that didn't like Jaci or women in general. "He used to watch TV with me, I would lie on the couch on my back and lift my legs where he would "burrow in" backward under my

Tristan, Jan, Savanah and Jaci

knees. Whenever Jaci walked past, he would grunt his disapproval!" One day he disappeared, natural selection took place, the python was obviously higher on the developmental rung.

An amusing incident, looking back, was when Jan and Jaci had just gotten married and were invited to a family hunt in the Zambezi Valley. Every afternoon, the day's hunt would be skinned and dressed and hang in strips on wire to dry.

The lion figured out that if it pulled the wire and let go the biltong would "jump" off the wire...

Jan was awoken at two in the morning by terrible screaming and shouting. He stuck his head out the tent and there was his mother-in-law standing on the top of their Land Rover, stark naked, shouting at her husband, 50 metres in front of the Land Rover, framed by its headlights, also stark naked, shouting at a big male lion that was trying to steal the meat!

Jan's biggest lesson learned is: "Happy wife, happy life," he says with a grin, as simple as that!

The lion figured out that if it pulled the wire and let go the biltong would "jump" off the wire, resulting in his father-in-law running at the lion shouting, who growled back menacingly. There was a stand-off! "I can, unfortunately, still picture the scene," he recalls.

Jan and Jaci's favourite way to recharge is getting into a vehicle (or airplane) and traveling to a remote place, camping, and enjoying the bush. Jaci loves to walk her two German Pointers, Perdy, and Rigby on sunrise walks along the boundary fence of the reserve as well as gardening in her 75,000 plus-hectare garden.

For those who can't travel, Jan suggests watching "Wild Earth"...

Jan's biggest lesson learned is: "Happy wife, happy life," he says with a grin, as simple as that! His goals and dreams for the future are to spend as much of the inheritance money as he can so that he can give his kids as little as possible for them to make it on their own. "I'm giving them everything that they need to generate their own money."

For those who can't travel, Jan suggests watching "Wild Earth" on YouTube or Chanel 183 on DSTV - featuring live game drives every day.

For an exceptional bush experience, book your stay at Jaci's Lodges, Madikwe: email reservations@jacislodges.co.za (ask for South African residents rates)

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Scribblings From My Namibian Journal

The first time you see an animal in the wild that you have never seen before is a moment filled with such unexplainable wonder and joy. When you see that animal - an elephant, a leopard, lion, cheetah, or any of the others, your breath escapes your lungs - but in a good way. You find yourself being able to breathe without thinking the one moment, to suddenly your heart stopping - leaving you forgetting how to breathe when you see the animal for the first time.

Your mouth throws itself agape, your eyes widen despite the afternoon sun setting in front of them. This is the wonderful thing about the bush. No matter how many times you see that first animal, you are left as speechless as the time before, like you are seeing an old friend that has come back to visit.

The first time I saw a Brown Hyena was a bit different from typical first encounters. We were driving down a long and dusty road, heading from home in an open game viewer, stormy grey clouds gathering in front of us. The dew was still clinging to the grass in the early morning, spider webs glinting as the sun tickled their edges. And suddenly, there he was. Brown shaggy coat, running alongside us, with water springing away from him, as he quickly ducked into the sickle bush. Just as swiftly as I caught a glimpse of him, he was gone. But I will never forget his werewolf face and long, brambled fur cascading from his body, golden water droplets flowing from him and the sweetveld grass he disturbed. I swiveled in my seat, eyes pining after him, neck strained to try to catch another glimpse. He was gone - only the distant sound of Guineafowl and Red-billed Spurfowls cackling and squawking as they had no doubt been disturbed.

I would encounter my shaggy brown friend again, and the next time would be just like seeing him for the first time. Breath caught in my throat, muscles straining, eyes wide, and a shiver of excitement tingling the skin on my forearms and back of my neck. I would be left in absolute awe and wonder for the bush once again. Senses finely attuned to a deep rumble, a crack, swish, a tweet… a roar…

Written by Megan Gilbert
Photos by Niche Moments

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Camera Corner

Landscape photos can take our breath away, making us want to go there and be in the moment. But how do we take a photo that captures what we actually saw? Here are some tips:

Golden hour - The first hour after sunrise and the last hour before sunset are the best times to get those gorgeous colours.

Tripod - During the low light times of early morning or late evening, a tripod is essential to allow the shutter speed to be lowered while keeping the ISO low. It is also essential for astrophotography.

Get it all in focus - For aperture settings, "F-8 is your mate!" Focus a third of the way into your image, and that should get the whole image in focus.

Leading lines - Use lines that lead a viewer's eye into the photo. These will strengthen the story of your image.

Composition - The rule of thirds is perfect for landscapes, but rules can be broken, especially with reflections (usually half/half). Take images that you love. Do you love clouds? Then include more clouds/sky and ignore the rule of thirds! Try silhouettes or even starbursts (F16 for those).

Joining a camera club is an excellent way to learn more. Visit pssa.co.za/clubs-in-kwa-zulu-natal16 to contact the club closest to you.

Des van Tonder, Chair,
Maritzburg Camera Club

Rule of Thirds and Leading Lines

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Ignoring Rule of Thirds for Reflections

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Yeast-Free Hot Cross Buns

Try this easy recipe for hot cross buns that doesn't require yeast:

Ingredients:

- 2 cups self-rising flour
- 1/2 tsp baking powder
- 1/2 tsp ground cinnamon
- 1/4 tsp ground nutmeg
- 1/4 tsp ground allspice
- 1/4 tsp salt
- 1/4 cup unsalted butter, softened
- 1/4 cup granulated sugar
- 1 egg
- 1/2 cup milk
- 1/4 cup raisins
- 1/4 cup dried cranberries (optional)

For the cross:

- 1/4 cup all-purpose flour
- 3-4 tbsp water

For the glaze:

- 2 tbsp honey
- 1 tbsp water

Instructions:

- Preheat your oven to 190°C. Line a baking sheet with parchment paper.
- In a medium mixing bowl, whisk together the self-rising flour, baking powder, cinnamon, nutmeg, allspice, and salt.
- In a separate large mixing bowl, cream together the softened butter and sugar until light and fluffy. Add the egg and mix until well combined.
- Gradually add the dry ingredients to the wet mixture, alternating with the milk. Stir until everything is well combined.
- Fold in the raisins and dried cranberries (if using).
- Using a tablespoon or cookie scoop, portion out the dough into 8 -10 evenly sized balls. Place the balls onto the prepared baking sheet.
- In a small bowl, mix together the all-purpose flour and water to form a paste. Transfer the mixture to a piping bag or a small plastic bag with a tiny corner snipped off. Pipe crosses onto the tops of the buns.
- Bake the buns in the preheated oven for 18-20 minutes, or until they are golden brown and a toothpick inserted in the centre comes out clean.
- While the buns are baking, prepare the glaze by mixing together the honey and water in a small bowl.
- Once the buns are finished baking, remove them from the oven and immediately brush them with the glaze.
- Allow the buns to cool slightly before serving. Enjoy!

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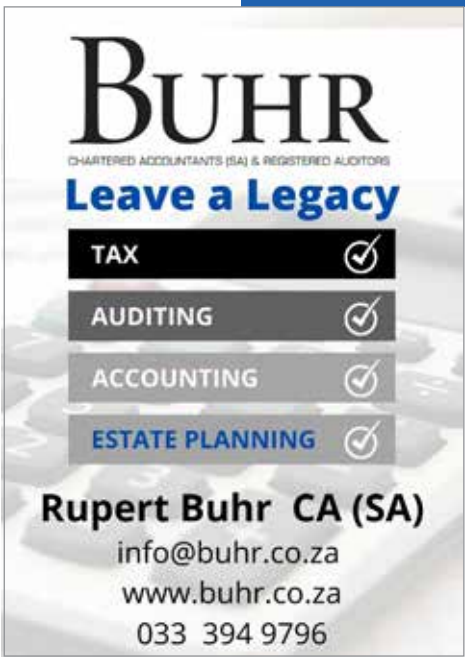

PMB/Midlands

Easy Homemade Indoor Plant Fertiliser

Making your own fertiliser from materials you have at home is a simple and cost-effective way to provide your plants with the nutrients they need to thrive.

Eggshells

- Boil 3 eggs (eat them for breakfast - no wasting here!) and let the water cool down. Use this micronutrient and calcium-rich mixture to water your indoor plants.

Rice Water

- Soak some rice in cold water for a few hours. Drain the water from the rice, and use it to give your indoor plants a boost of nitrogen, phosphorus, potassium, and microelements!

Ash

- Have you had a braai recently? Sprinkle a tablespoon full of the ash left over onto the soil in your indoor pot plants. The ash contains some important nutrients that may be lacking in your soil.

Aquarium Water

Did you know that fish poop makes your fish tank water REALLY high in loads of the nutrients your plants love?

Coffee

- Do you have leftover black coffee? Let it cool and water your plants that like acidic soil.

Banana Peels

- Cut banana peels into small pieces and put them into a bowl of water covered with a dish towel for 3 days, until water turns brown. Strain peels from the water and create a mix of half banana-water, half tap water. Water plants with this mixture once a week for a major boost!

From: www.readbeach.com

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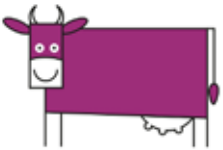

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Homemade bath salts

Some days demand a little pampering...
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Tip: This also makes a fantastic DIY gift!

RECIPE

Lavender & Chamomile Bath Soak

INGREDIENTS

2 cups epsom salt
½ cup of bicarb
1 to 2 teaspoons coconut oil
10-12 drops lavender essential oil
10 drops chamomile essential oil
Dried lavender buds (optional)
Jar with a tight fitting lid

DIRECTIONS

1. Add coconut oil to a heat safe dish and microwave for 20-30 seconds to soften it.
2. Add all ingredients to a large bowl and mix well.
3. Transfer homemade epsom salt bath soak to a jar with a tight fitting lid.

How to use it:

Pour 1/2 cup to 1 cup of homemade epsom salt bath soak under warm running water. Soak for at least 30 minutes to experience full benefits.

Recipe from: Freebie Finding Mom

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Garden Corner

BLACKWOOD'S

Spruce up Your Garden with Stunning Blooms: ***A Guide to Planting Bulbs***

As the weather starts to cool down and the days get shorter, it's time to start thinking about planting autumn bulbs. They are a great way to add colour to your garden, and with the right care, they can bloom year after year.

When choosing your bulbs, make sure to look for ones that are plump and firm, with no signs of mold or decay. They prefer well-drained soil, so make sure to add plenty of compost to improve the soil's structure. You can also add a slow-release fertilizer to give your bulbs the nutrients they need to grow strong and healthy. Make sure to plant your bulbs at the right depth. As a general rule, they should be planted at a depth of around two to three times their own height. After planting, make sure to water your bulbs thoroughly, and cover the soil with a layer of mulch to help retain moisture and keep the soil cool.

Once your bulbs are planted, water them regularly, especially during dry spells. After flowering, allow the foliage to die back naturally, as this will help the bulbs to store up energy for the following year's growth.

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Puzzle Corner

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Sudoku

Complete the grid so that every row across, every column down and every 3x3 box is filled with the numbers 1 to 9. No mathematics involved, the grid has numbers, but nothing has to add up. You solve the puzzle with reasoning and logic.

Solutions on page 38!

4	2		5					
		9		7				
3		7			2			
		2	6				3	4
1	4		9			7		
							8	
8	7	4		9				
9					5			2
			7	6				9

Source: XWord.co.za

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Wordsearch

Can you find all these words in our Easter-themed word search?
Solutions on page 38!

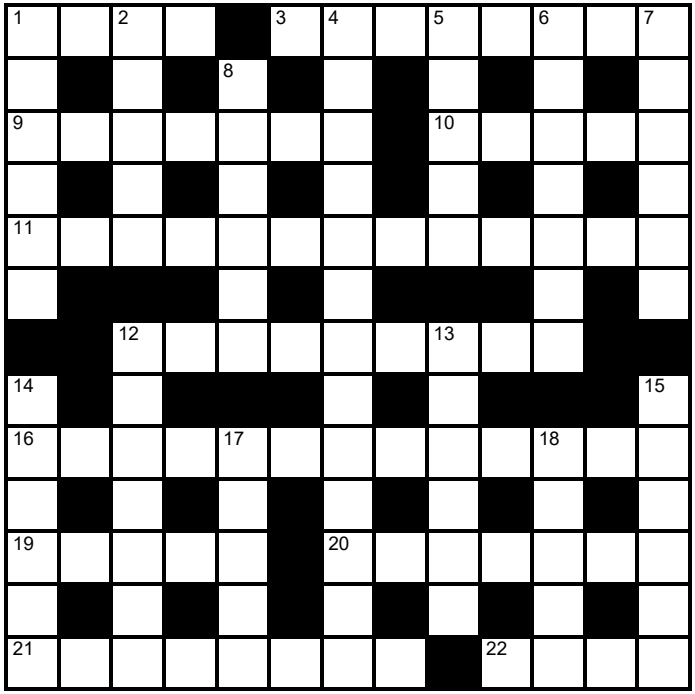
Y	A	N	D	N	A	T	H	C	H	N	S	E	M
N	U	E	N	R	A	B	B	I	T	A	E	S	S
S	B	A	I	E	O	I	S	I	A	Y	R	T	U
O	E	S	F	L	F	U	Y	E	N	B	B	E	N
B	A	T	R	E	E	H	R	D	A	C	U	K	D
I	D	E	C	P	O	A	O	A	S	D	N	S	A
D	T	R	Y	O	A	A	O	L	B	R	N	A	Y
S	G	G	E	H	H	A	B	D	I	S	Y	B	U
U	G	U	A	T	N	U	H	N	P	D	C	L	U
H	N	N	C	A	N	D	Y	I	O	I	A	D	N
C	I	O	T	S	D	D	S	I	A	N	R	Y	H
E	R	N	C	H	K	Y	A	C	R	O	R	G	E
L	P	O	O	A	E	T	A	L	O	C	O	H	C
T	S	H	L	U	M	A	R	C	H	D	C	I	E

RABBIT
HOP
CHOCOLATE
MARCH
HUNT
EGGS
FIND
BASKET
SPRING
HOLIDAY
EASTER
CANDY
SUNDAY
BUNNY

Puzzle Corner cont.

Crossword

Test your knowledge and vocabulary with our crossword!
Solutions on page 38!



Source: XWord.co.za

Across

1. Swelling caused by a blow (4)
3. Conversation between two people (8)
9. Human beings considered collectively (7)
10. Daring and not afraid (5)
11. A medicine used to treat allergies and hypersensitive reactions (13)
12. Traveller on public transport (9)
16. Anything complex, detailed or confusing (6,7)
19. Moderately wet (5)
20. Very strange or unusual (7)
21. Warmed up again (8)
22. 100th of a rand (4)

Down

1. Former name (until 1995) for Mumbai (6)
2. French painter Claude __ (5)
4. Absolutely necessary or essential (13)
5. North African country with Tripoli as capital (5)
6. Large body of slow-moving ice (7)
7. One short of a dozen (6)
8. One-piece clinging garment for the legs (6)
12. Feeling slightly hungry (7)
13. Attractive in a showy and often superficial way (6)
14. Paint applied to a surface as a base or sealer (6)
15. Feel or express sincere regret or remorse about one's wrongdoing (6)
17. More than is needed (5)
18. A person trained to care for the sick (5)

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12-15 June: Tembe Elephant Park - Sand forests, birding, Big 5, community lodge

BEACH
01-04 May : Pumula, South Coast - Beautiful views, delicious meals, putt putt comp
20-23 Nov: Pumula, South Coast - Fun, sun, heated pool, relaxation, putt putt comp
15-19 May: Umngazi Hotel & Spa - Flight, beach, fun, sun, relaxation, boat cruises
06-10 Nov: Umngazi Hotel & Spa - Flight, boat cruises, lagoon, beach, spa, walks
11-15 Sep : Hermanus - Whale watching, wining, dining, penguins, botanical gardens

BUSH AND LAKE
15-19 Oct: Tembe Elephant Park & Luxury Lake Jozini Houseboat - wildlife, fishing, birding

BUSH AND MOUNTAINS
17-21 Apr: Nambiti Game Reserve & Drakensberg Mountains - wildlife, birdlife, fun activities
26-30 Sep: Nambiti Game Reserve & Drakensberg Mountains - game drives, relaxation, fun

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Send YOURSELF a message, note or reminder straight to your own WhatsApp instead of carrying around your pen and paper!

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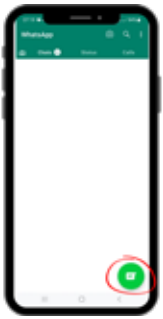
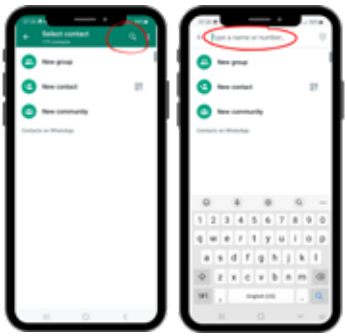
Step 1: ▶
Open WhatsApp on your phone. If you have never used WhatsApp before, you will need to create an account. To do this, enter your phone number when prompted and then follow the instructions to verify your phone number.

Step 2: ▶
Once you're logged into WhatsApp, you'll see the chats screen. This is where all your chats are displayed. To start a chat with just yourself, tap on the "New Chat" icon in the bottom right corner of the screen. It looks like a pencil and a piece of paper.



▼ Step 3:
In the "To" field, type your own phone number including the country code (+27 and then your phone number: eg. +2762452231). Now, you can start typing messages to yourself. You can use this chat to jot down notes, reminders, or anything else you want to remember.



Step 4: ▼
To access your chat with yourself in the future, simply go back to the chats screen and tap on the chat with your own phone number.

That's it! You've successfully started a WhatsApp chat with just yourself.

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OLDMUTUAL

How To Increase Your Vitamin Intake During Winter

As winter approaches, it's important to focus on foods that are high in vitamin content to help boost your immune system and keep you healthy. Here are the top 5 foods to increase vitamin intake during winter:

1. **Citrus Fruits:** Citrus fruits such as oranges, lemons, limes, and grapefruits are high in vitamin C which helps to support the immune system and fight off infections. You can eat them as a snack or add them to your salads, smoothies, and desserts.

2. **Leafy Greens:** Leafy greens such as spinach, kale, and collard greens are high in vitamins A and C which help to boost immunity and protect against infections. You can eat them raw in salads or sauté them with garlic and olive oil for a warm and comforting side dish.

3. **Mushrooms:** Mushrooms are a great source of vitamin D which is important for bone health and immune function. They also contain other important nutrients such as B vitamins and antioxidants. You can add them to soups, stews, and stir-fries.

4. **Nuts and Seeds:** Nuts and seeds such as almonds, sunflower seeds, and pumpkin seeds are high in vitamin E which is an antioxidant that helps to protect cells from damage. They are also a good source of healthy fats and protein. You can eat them as a snack or add them to your oatmeal or smoothie bowls.

5. **Sweet Potatoes:** Sweet potatoes are a great source of vitamin A which is important for immune function, vision, and skin health. They are also a good source of fibre and potassium. You can roast them in the oven or bake them and serve them with a dollop of Greek yoghurt for a delicious and healthy side dish.

"Advertising in Senior Living Magazine was so worthwhile for our business as the response, from both our advert in Senior Living and our promotion with Oakleigh, was very positive and definitely brought more customers through our doors!"
-The Cookhouse

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Africa

When you have acquired a taste for the dust,
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you're hooked for life on Africa,
and you'll not be right again.

Until you can watch the setting moon
and hear the jackals bark,
and know they are around you
waiting in the dark.

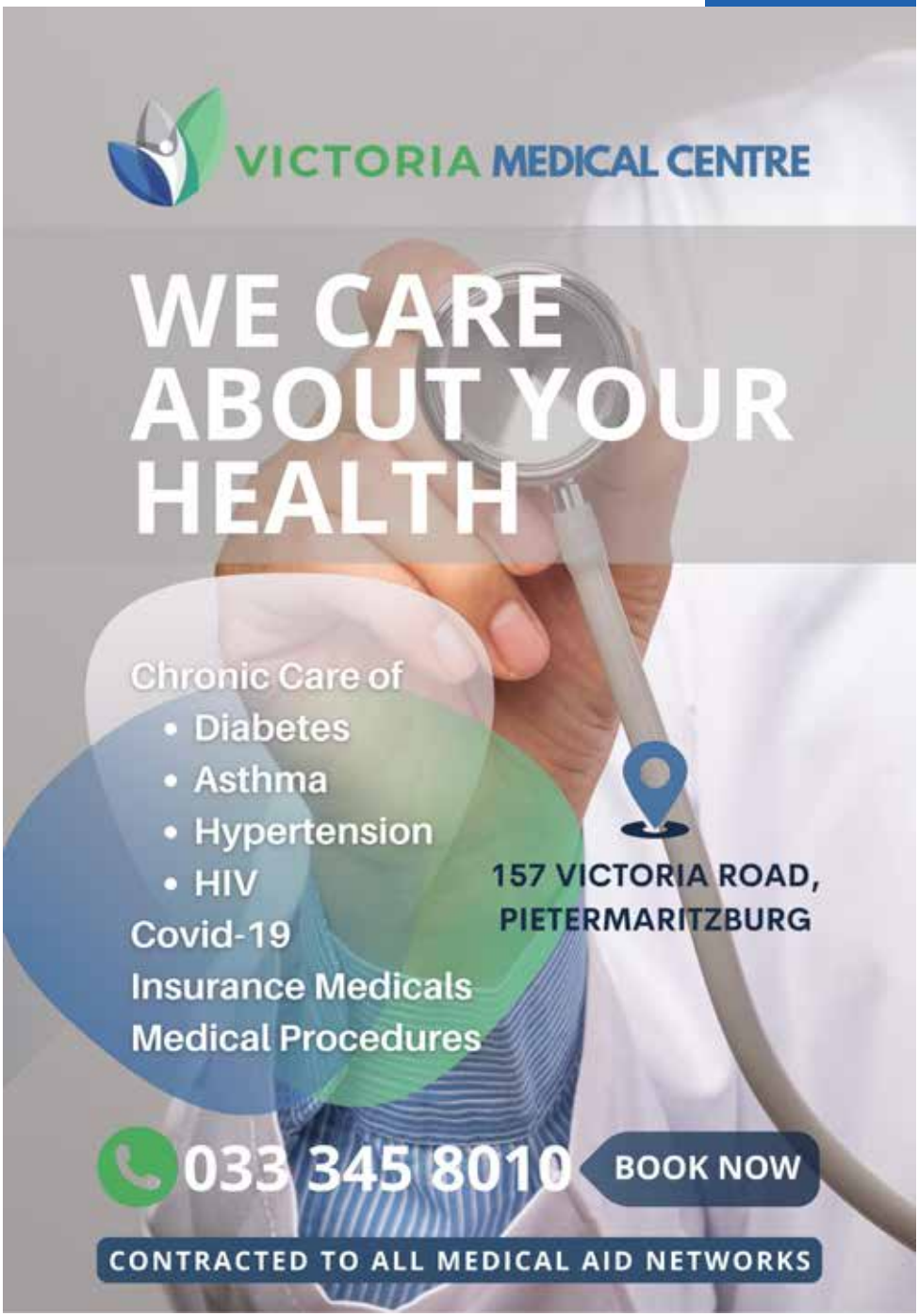
When you long to see the elephants,
or hear the coucal's song,
when the moon rise sets your blood on fire,
then you've been away too long.

It is time to cut the traces loose
and let your heart go free,
beyond that far horizon
where your spirit yearns to be.

Africa is waiting - come!
Since you have touched the open sky
and learned to love the rustling grass
and the wild Fish Eagle's cry.

You'll always hunger for the bush;
for the lions rasping roar;
to camp at last beneath the stars
and be at peace once more.

Author unknown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South African Garden Birds

Send us your photos of common garden birds and you may see them published in one of our upcoming issues! Photos can be submitted to editor@seniorlivingmag.co.za

With a dark back, yellow bill and dull orange underparts, the **Olive Thrush** is commonly seen in gardens hopping on the ground, scratching for insects and earthworms. The female is the worker in this monogamous relationship, building the nest made from dry leaves, twigs and moss, laying eggs in the warmer spring months, then incubating them for fourteen days.

The male steps in and assists with brooding and feeding the fledgelings and, of course, defending their territory. Listen out for their flute-like notes in the pre-dawn, sometimes mimicking the call of the Cape White-eye amongst others.

The **Cape White-eye** can be found moving in pairs or small parties in wooded areas from the sea to the mountains looking for insects, fruit and nectar. They are home bodies, preferring to stay in a localised area. Cape White-eyes are gregarious, roosting close to each other on a branch and often seen preening one another. Look out for the small, deep, cup-nest built by the monogamous pair in leafy foliage.

All passerines (perching or song birds, characterised by three toes facing forwards and one facing backwards), including the above two, have offspring born altricial, which means they are naked and blind (partially underdeveloped) unable to fend for themselves and fully reliant on the adult for warmth, protection and food.

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What Is Easter All About?

Easter is the perfect union of two concepts which are seemingly polar opposites. Justice and Compassion.

Easter is a story of 100% justice and 100% compassion. It is the account of the aggrieved Creator dealing with the rebellion of his creatures - neither punishing them as they fully deserved - nor ignoring their wrongdoing. "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."

God deals with them as a parent would sort out a car, wrecked by their wayward (but loved) child.

Rather than thinking that our transgressions can be overlooked, God deals with them as a parent would sort out a car, wrecked by their wayward (but loved) child. They pay for it themselves, expecting the child to respond to compassion rather than condemnation.

The best that God could sacrifice and the most that Christ Jesus could offer was simultaneously given on the cross, in the greatest exchange known to humans. "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him."

The groundless accusations against Jesus resulting in his death, remembered at Easter, is the historical evidence that 100% justice and 100% compassion can be seen in one event. "For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God."

The justice of God isn't degraded - rebellion against God is serious. The compassion of God is not compromised - there can be no greater righteous act of free grace.

How do we know that God's plan worked? If the wages of sin is death, Jesus overcame death by being raised on the 3rd day after his crucifixion.

By John Stimson
Pastor of Christ Church Hilton

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Puzzle Corner Answers

Sudoku Solution

4	2	1	5	8	9	3	6	7
5	8	9	3	7	6	2	4	1
3	6	7	1	4	2	5	9	8
7	5	2	6	1	8	9	3	4
1	4	8	9	5	3	7	2	6
6	9	3	4	2	7	1	8	5
8	7	4	2	9	1	6	5	3
9	1	6	8	3	5	4	7	2
2	3	5	7	6	4	8	1	9

Wordsearch Solution

Y	A	N	D	N	A	T	H	C	H	N	S	E	M	
N	U	E	N	R	A	B	B	I	T	A	E	S	S	
S	B	A	I	E	O	I	S	I	A	Y	R	T	U	
O	E	S	F	L	F	U	Y	E	N	B	B	E	N	
B	A	T	R	E	E	H	R	D	A	C	U	K	D	
I	D	E	C	P	O	A	O	A	S	D	N	S	A	
D	T	R	Y	O	A	A	O	L	B	R	N	A	Y	
S	G	G	E	H	H	A	B	D	I	S	Y	B	U	
U	G	U	A	T	N	U	H	N	P	D	C	L	U	
H	N	N	C	A	N	D	Y	I	O	I	A	D	N	
C	I	O	T	S	D	D	S	I	A	N	R	Y	H	
E	R	N	C	H	K	Y	A	C	R	O	R	G	E	
L	P	O	O	A	E	T	A	L	O	C	O	H	C	
T	S	H	L	U	M	A	R	C	H	D	C	I	E	

Crossword Solution

Across: 1. Bump, 3. Dialogue, 9. Mankind, 10. Brave, 11. Antihistamine, 12. Passenger, 16. Rocket science, 19. Moist, 20. Bizarre, 21. Reheated, 22. Cent.

Down: 1. Bombay, 2. Monet, 4. Indispensable, 5. Libya, 6. Glacier, 7. Eleven, 8. Tights, 12. Peckish, 13. Glitzy, 14. Primer, 15. Repent, 17. Extra, 18. Nurse.

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65-69	R90	R104	R107	R110	R126	R132	R140	R159
70-74	R118	R146	R154	R159	R179	R206	-	-
75-79	R185	-	-	-	-	-	-	-
80-84	R235	-	-	-	-	-	-	-
85-89	R266	-	-	-	-	-	-	-

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This also makes the "what to sell and what to keep" decisions easier. Whether it is downsizing to a townhouse or moving into a retirement village, it is always easier to know where you are going.

Join us monthly for informative talks.

Contact Tracey Done on 082 376 8244 or email traceydo@just.property to find out when the next talk is being held.

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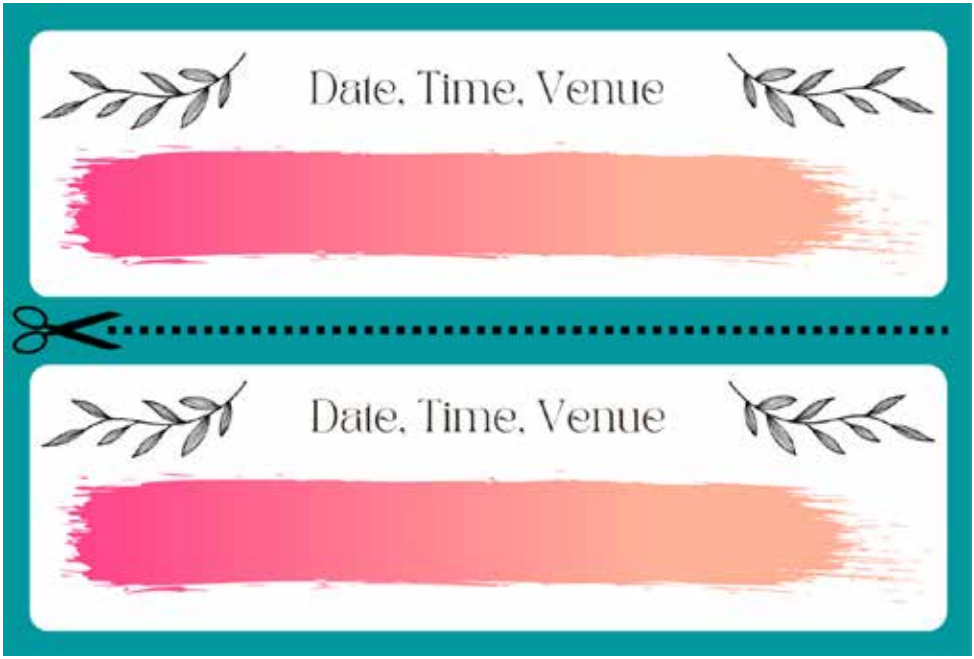

Comic Relief

Snakes Alive! Gaynor Lawson, one of our readers, submitted this wonderful and amusing story.

My friend has a live-and-let-live approach to all creatures. One night she spotted a harmless Red-lipped Herald snake disappearing into her kitchen cupboard. Not wanting to step on it in the dark, she closed the door, intending to remove it the next day. But then she forgot all about it.

Until the next afternoon at the supermarket, when the packer opened her brought-from-home shopping bag and found - yes, you guessed it - the Red-lipped Herald. Chaos erupted, with the packer, cashier, shoppers, and even the security guard shrieking in terror.

Luckily, my friend had already paid for her purchases, so she grabbed the bag, twisted it closed, and raced, with her shopping, out to her bakkie. She released the snake unharmed into the veld on the way home...

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CLOISTERS

These popular units provide sheltered care rather than frail care. Each unit consists of a lounge that opens onto a small veranda, a kitchenette with a mini fridge, and counter space for a kettle and toaster. The bedroom has an en-suite bathroom.

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Jokes Corner

The Taxi Driver
A taxi passenger tapped the driver on the shoulder to ask him a question.

The driver screamed, lost control of the car, nearly hit a bus, went up on the footpath, and stopped inches from a shop window.

For a second, everything was quiet in the cab. Then the driver said, "Look, mate, don't ever do that again. You scared the living daylights out of me!"

The passenger apologised and said, "I didn't realize that a little tap would scare you so much."

The driver replied, "Sorry, it's not really your fault. Today is my first day as a cab driver - I've been driving a funeral van for the last 25 years."

Why wouldn't the shrimp share his treasure?
He is a little shellfish!

Riddle
What is seen in the middle of March and April that can't be seen at the beginning or the end of the month?

Knock knock
Who's there?
Some bunny
Some bunny who?
Some bunny loves you!

Seagulls
Why do seagulls fly over the sea?
Because if they flew over the bay they would be bagels.

Sources: www.boredpanda.com, www.iMom.com, www.rd.com, https://jokesquotesfactory.com

Answer to riddle: The letter "R"

> All I can say is that you have been instrumental in the growth of my business, as there has been no other magazine like yours in KZN. It has been a huge help for us, and for people to know about our products and services. I just love what you guys have done, and you have tapped into a real niche market, and your service has always been amazing. At the end of the day, I'm just loving your work! Great magazine!
> *- Rent2Recover*

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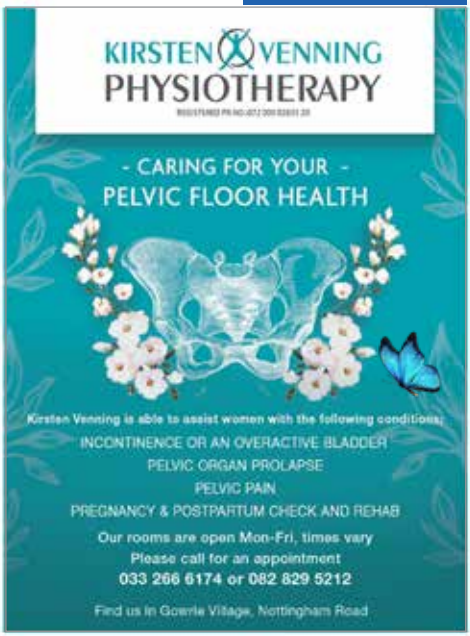

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Competition Corner

1. **Win a R500 gift voucher, courtesy of Oakleigh Funeral Home, by finding the Butterfly hiding in the magazine.** To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word BUTTERFLY as the COMPETITION KEYWORD, and the page number and location of the butterfly for the COMPETITION ANSWER.

2. **Win a R300 Blackwoods voucher, courtesy of Blackwoods Nursery.** To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word BLACKWOODS as the COMPETITION KEYWORD.

3. **Win a R500 Woolworths voucher, courtesy of Senior Living, by finding the Easter Basket hiding in the magazine.** To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word BASKET as the COMPETITION KEYWORD, and the page number and location of the basket for the COMPETITION ANSWER.

4. **Win a Mohair Throw worth R2270, courtesy of Shuttleworth Weaving.** To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word SHUTTLEWORTH as the COMPETITION KEYWORD.

To enter all of the Senior Living competitions, simply send a WhatsApp with the word HELLO to 072 632 6023 and we'll reply with a list of links. Select the competition's link given, and enter each competition as per the individual competition instructions. Where applicable, winners will be drawn on the 16th of May 2023 and winners will be notified via email/phone, and announced on our website. Only one entry per competition will be deemed valid.

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The throw is made from a Mohair blend with a bit of wool, to help the lustrous and shiny Mohair fibres hold together, and a tiny bit of Nylon for strength. It is hand brushed to raise the fibres giving it a fluffy, luxury look.

Enter today to get your hands on this statement piece!

See page 46 for entry details!

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