



# Senior Living

MAGAZINE

*Thrive after 55!*

**I Wish  
You Love...**

**A grandmother's  
love letter to her  
grandchildren.**

**Great  
Prizes!**

VOL. 18/Feb 2023

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# Editor's Note

If I say 'February,' you might say 'love'? Valentine's Day originated as a Christian feast day honouring two early Christian martyrs named Saint Valentine, one of whom was martyred on February 14th, 269. Through folk tradition, the day has become a celebration of romance and love.

I, on the other hand, say 'birthday' as I must come up with an inspired birthday present for my dear husband - no pressure from him, the pressure is all me!

At least I don't have to think of things to do on Valentine's Day as we have lots of suggestions on page 12.

I'm also going to try out the tips on page 14 for taking better photos. Remember to send me your photos for the competition!

We love hearing from you, please keep sending your short stories and comic corner entries to [editor@seniorlivingmag.co.za](mailto:editor@seniorlivingmag.co.za). I hope you enjoy this issue, celebrating love in all its forms!

Natalie Gilbert

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# Discounts and Offers



**Please confirm all discounts beforehand, as they are subject to change, and notify us of any discounts that you encounter for the benefit of the readership.**

## **Monday/Tuesday/Wednesday**

- Avondale Spar: 5% discount (not on promotions), loyalty card required (bring ID and ID photo)

## **Monday**

- Village Yard, 41 Howick: 10% discount

## **Tuesday**

- SuperSpar Richden's Village: 5% discount
- Knowles SuperSpar: 5% discount, pensioner's card required
- Caversham Glen Pick n Pay: 5% discount, double points on promotional items, pensioner's card required
- Merrivale SuperSpar: 5% discount on tea and cake, Spar card required
- Parklane SuperSpar: 5% discount on all purchases
- Greendale SuperSpar: 5% discount, loyalty card holders
- Hilton Quarry Centre Spar: 5% discount, free delivery in Hilton
- Waste Centre Fabrics, 670 Umgeni Road, Durban: 10% discount
- Blackwoods Nursery : 10% discount for seniors (from age 65)
- Village Feeds in Hilton: 10% discount
- SuperSpar Glenwood, Durban: 5% discount (not on promotion lines)

and market day specials; grocery deliveries or pick-and-collect available.

- Cookhouse: 10% discount on all frozen meals.

## **Wednesday**

- Musgrave Pick n Pay: double Smart Shopper points
- Clicks: Double e-bucks and double Club Card points for over 60s
- Builders Express Pinetown: 10% discount, loyalty card required

## **Thursday**

- Merrivale SuperSpar: 5% discount on tea and sandwiches, Spar card required
- Greendale SuperSpar: 5% discount, loyalty card holders
- Hilton Quarry Centre Spar: 5% discount, free delivery in Hilton
- Tanglewood Nursery Hilton – Pensioners' Day Every Thursday: pensioners receive a 20% discount on all plants.

## **Every Day**

- Bargain Books, Hillcrest: 10% discount
- Makro: 5% discount on food products, up to 10% discount on general products, pensioner's card required
- Game: 10% discount on purchases up to a total amount of R3 000.

# Love Is... Buying Your First Home Together!



**We all know that feeling when the butterflies keep fluttering, the clouds are the whitest white, and everything is rose-colored.**

This feeling may often cloud our judgment, especially when it comes to expensive purchases. But how do you protect yourselves from the fatal last stabs of a love gone wrong? Here are some basic suggestions:

---

**But how do you protect yourselves from the fatal last stabs of a love gone wrong?**

---

## **T - Trust:**

First and foremost, you cannot even consider purchasing a property together if you do not have trust in one another.

## **R - Rands and Cents:**

You are going to have to talk about the money - who is paying rates, municipal accounts, maintenance, etc.

## **U - Unmarried:**

Make sure you have a cohabitation

agreement. This needs to stipulate each person's share in the property.

## **S - Security:**

If one of you defaults on payment, it will be up to the other party to pay in order to not lose the property.

## **T - Title Deed:**

Should both parties be contributing to the bond account, make sure both names are on the Title Deed (stipulating each person's share).

---

**For love to grow, nothing has to be left to fate.**

---

For love to grow, nothing has to be left to fate. Keep it simple, have it in writing, and leave nothing to chance.

**By: Marcie Williams, REMAX.**

**Tel: 062 862 4488**

**Email: [marcie@remaxmidlands.co.za](mailto:marcie@remaxmidlands.co.za)**

# I Wish You Love



## A love message from a grandparent.

"I Wish You Love" - the old song goes. That's what we, who have been young for a long, long time, would wish for our grandchildren.

that would be unrealistic. Precious times are wonderful gifts, but they must be held in open, not clenched, hands. They help us through the turbulence of life and give meaning to the changing landscape of our lives.

---

**Watching other grandparents with their grandchildren, knowing that they will soon be on a plane to a distant land, brings the starkness of parting into sharp focus.**

---

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**We wish you love - in more ways than you have ever dreamed of...**

---

Life does not always turn out the way we would have mapped it out, but our memories are sweet (and sometimes bittersweet) as we look back over the years.

Our role in your lives has been one of immense privilege, as we have been able to lavish love without having the focus of responsibility for raising you as your parents have. We could not stand idly by, though, so please trust that you can trace the threads of love in the times when firmness was needed. That does not translate into harshness, so please don't remember them that way. Of course, we have made our fair share, and more, of mistakes, but we thank you for being kind to us as well.

Because it is in giving that we receive, you have brought us much joy by allowing us to give joy to you, from infancy to adulthood. Watching other grandparents with their grandchildren, knowing that they will soon be on a plane to a distant land, brings the starkness of parting into sharp focus. Ecclesiastes 3 reminds us that "for everything there is a season." We would rather avoid times of sadness and hold on to times of joy, but

We wish you love - in more ways than you have ever dreamed of, not superficial but deep and binding, even amidst the difficulties of life.

"It is in giving that we receive."



## Prayer of St Francis

Lord, make me an instrument  
of your peace  
Where there is hatred sow love  
Where there is injury pardon  
Where there is doubt give faith  
Where there is despair give hope  
Where there is darkness shed light  
Where there is sadness, joy.

O my Lord, my Master  
Let me not look for help  
so much as to help  
To be understood as to understand  
To be loved as to love

For it is in giving that we receive  
In pardoning that we are pardoned  
And in dying we are  
born to Eternal Life.



By: Eileen Bloem, Granny





# Collector's Corner

With Daryl Kriel  
from Kensington Bond

**My grandmother gave me this tea pot. It does have a mark underneath. How old is it and what is it worth?**  
- Mandy



Your tea pot is French Sterling Silver in the Louis XV style. It has the Minerva hallmark, which tells us that it is 950/1000 silver (95%). It also has the Chauchefoin & Cie mark, dating it between 1859-1865.

I cannot find much information on the maker, perhaps I am reading the name incorrectly as it is not very clear. Your tea pot would have been part of a set of four pieces and would have commanded the most value if it was together.

---

**Your tea pot is French Sterling Silver in the Louis XV style. It has the Minerva hallmark...**

---

On its own, it would fetch about R10 000 to R12 000 on auction. A full set would have probably fetched in the region of R35 000.

**If anyone has anything interesting to sell or value, give Daryl from Kensington Bond Auctioneers a call on 033 330 3185 or 082 297 1117.**





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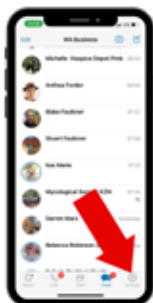
# How to Use WhatsApp Web?

WhatsApp Desktop is a version of the WhatsApp messaging app that is designed to be used on a computer, rather than a mobile device.

It allows you to use WhatsApp on your computer and sync your messages with your mobile phone. You can send and receive messages, make voice and video calls, and share files, all from your computer.

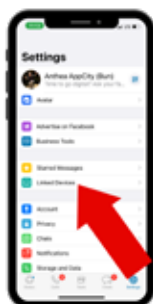
## Step 1: ▶

Open WhatsApp on your phone.



## ▶ Step 2:

Click on the settings icon (on iPhone, it's in the bottom right corner; on Android, it's the three dots in the top right corner).



## Step 3: ▶

Click on "Linked Devices" in the settings.

## Step 4: ▶

Click on "Link a Device."



## Step 5: ▼

Open a web browser on your computer and search for "web.whatsapp.com."



### Step 6: ▶

Once WhatsApp Web has loaded, a QR code and instructions will appear on the screen, including a tutorial video if you need help connecting.



### ◀ Step 7:

Use your phone to scan the QR code on your computer screen. Your WhatsApp chats will automatically appear on your computer.

This helpful article was brought to you by AppCity and My Midlands App, your Midlands-based digital ninjas. Visit AppCity at [appcity.co.za](http://appcity.co.za) or call Anthea on 074 773 7777.

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# 10 Romantic Ideas to Make Valentine's Day Special


**Valentine's Day is the perfect opportunity to show your loved one how much you care. Here are some romantic ideas and cute activities to make the day special:**

1. Start a couple's bucket list: Make a list of goals you wish to achieve together in 2023.
2. Eat breakfast in bed: Prepare a delicious breakfast in bed for your loved one.
3. Slow dance to your favorite song: Reminisce on the good old days by dancing to your favorite song together.
4. Recreate your first date: Get dressed up and make a reservation at the restaurant where you had your first date.
5. Share some chocolate-covered strawberries: These are easy to make and a simple way to show your love.
6. Watch your favorite romantic movie: Snuggle on the couch and watch a cheesy romance movie.
7. Watch the sunset: Find a romantic spot to watch the sunset with a picnic basket.
8. Fill the house with candles: Make dinner extra special with a candlelit dinner.
9. Write each other a love letter: Take the time to write a heartfelt love letter to your loved one.
10. Have a picnic: Find your favorite spot and pack a basket with your loved one's favorite snacks for a romantic picnic.



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### MIX

Mix 2 parts cornstarch with 1 part school craft glue. Mix/knead until desired consistency.



1

### SHAPE

Use your hands or craft tools to shape the clay as you wish. Don't make it too thick!



2

### DRY

Dry for at least 24 hours in a cool, dry area. Don't disturb while drying!



3

### PAINT

Decorate your clay creation with paint or even beads, sequins & fun fabrics.



4

# Selling Your Home Can Be Easy...

...with the right agent by your side!

When you're ready to sell, how do you find the right real estate agent? This is someone you are literally going to trust with the keys to your home! Here are two ways to find the right agent for YOU:

Invite agents to value your property. How they respond to you will indicate their commitment and professionalism. Make sure they have valid Fidelity Fund Certificates; it's their license to work legally.

Focus on how they make you feel. Do they speak simply and clearly? Do they

show the potential to highlight the best parts of your home? Can you trust them? For more property-related tips, informal talks are held regularly on Thursdays.

**Contact Tracey Done on 082 376 8244  
 or email [traceydo@just.property](mailto:traceydo@just.property)**

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# Camera Corner



**We all love beautiful photos, but taking them isn't always easy. Fortunately, there are guidelines to help you create standout images.**

Whether you're using a fancy professional camera or just your phone, try these tips to improve the composition of your photos.

## **Rule of thirds:**

Use the rule of thirds by dividing your shot into nine equal sections and placing important elements, especially eyes, on the lines or where they meet for a dynamic composition. This works well for subjects looking sideways, as it allows for space for them to look or move into.

## **Fill the frame:**

This eliminates busy backgrounds, but be

careful not to chop off any parts of the subject. Even in this mode, consider the rule of thirds and place an eye on one of the lines.

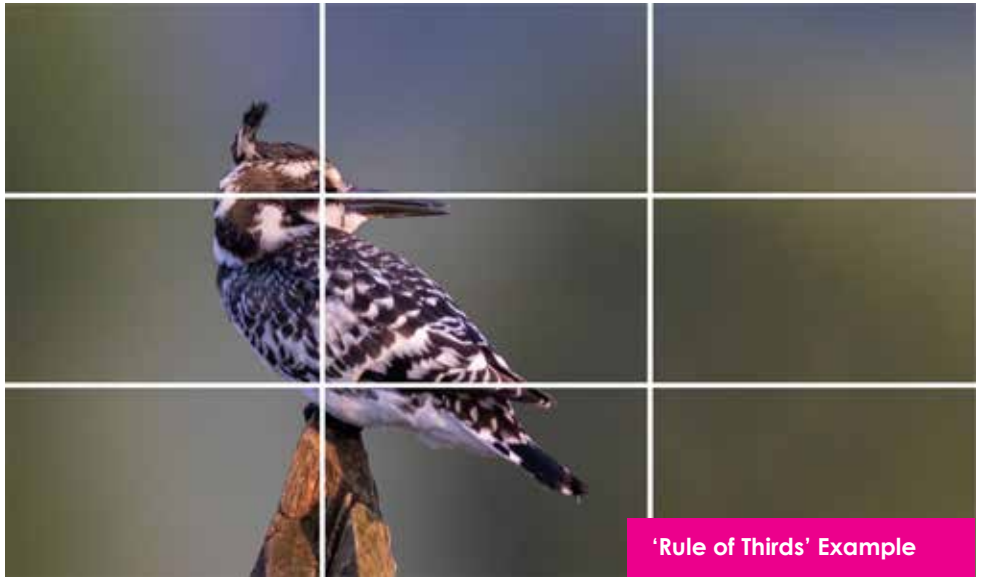
Learn so much more by joining a camera club! Visit this link via the Photographic Society of South Africa (PSSA) to contact the club closest to you: <https://pssa.co.za/clubs-in-kwa-zulu-natal16>

**Des van Tonder, Chair,  
Maritzburg Camera Club**

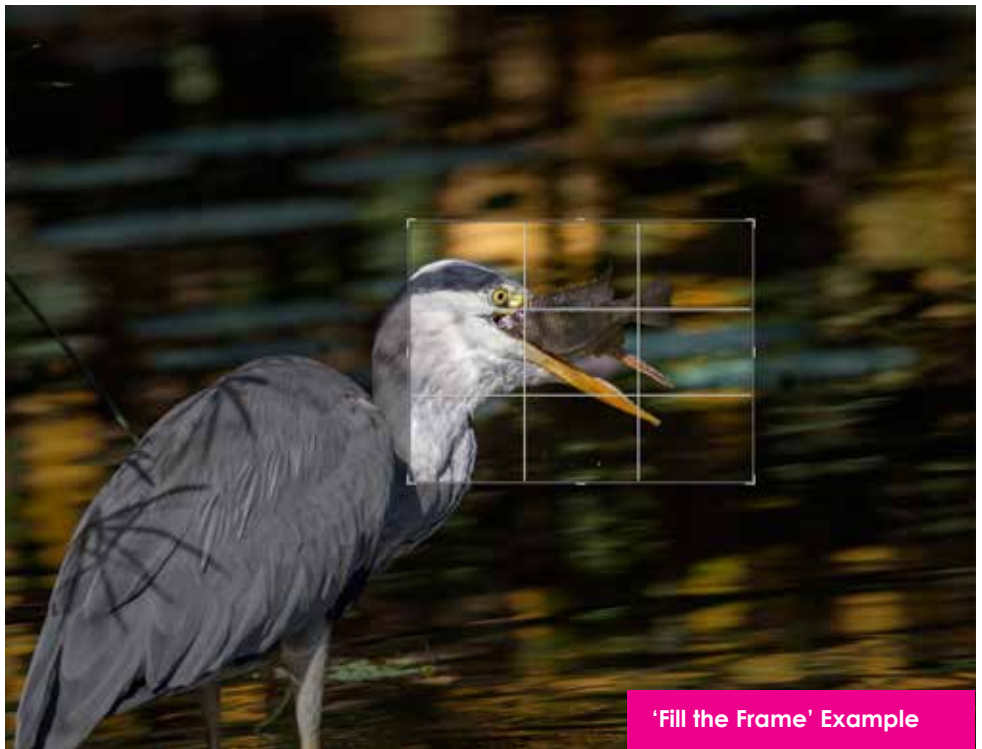
## **Competition Time!**

Submit your digital photo and stand a chance to win a Bespoke Canvas of your photo! We will pick the one that best demonstrates the tips outlined above.

To enter, simply send a WhatsApp with the word HELLO to 072 632 6023 and we'll reply with a list of links. Go to the relevant link, fill in your name and contact details, using the word PHOTO as the COMPETITION KEYWORD, and tip you have used as the COMPETITION ANSWER.



'Rule of Thirds' Example



'Fill the Frame' Example

# Valentine's Healthy Sugar Cookies

These grain-free healthy sugar cookies are made with a base of almond and coconut flour, and are sweetened with honey, meaning no white sugar is involved.

## Ingredients:

### Wet:

- 1 large egg
- 1 teaspoon vanilla extract
- 1/4 cup honey
- 2 tablespoons coconut oil (softened)

### Dry:

- 2 cups blanched almond flour
- 1/2 cup coconut flour
- 1/2 teaspoon baking soda
- Pinch of salt

### For the Icing:

- 2 cups organic powdered sugar
- 2-3 tablespoons water
- 2-3 drops pink/red food colouring

## Instructions:

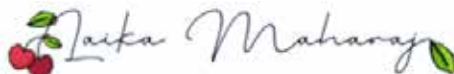
1. Preheat oven to 180°C and line 2 baking sheets with parchment paper.
2. Mix together the dry ingredients and set aside.
3. In a separate bowl, whisk together the wet ingredients. Then, slowly add the dry ingredients to the wet ingredients until the dough is formed. It may seem crumbly at first, but continue until it forms a ball.
4. Wrap it with plastic wrap, then place it into the refrigerator for 30 minutes to chill.
5. Remove from the fridge and sprinkle

coconut flour onto a hard, cool surface. Then roll out the dough so that it's around 1/4-inch thick. If it's sticking, sprinkle on some more coconut flour.

6. Use a heart-shaped cookie cutter to create cut-outs. Place on parchment paper. Don't worry about spacing too much as the cookies will not expand that much.
7. Bake for 8-10 minutes or until the cookies begin to turn golden brown.
8. Transfer the cookies to a wire rack to cool for at least 30 minutes before frosting.

### For the Icing:

- Add water to powdered sugar one tablespoon at a time, until you've reached your desired thickness, adding pink/red colouring.
- Use a knife or piping bag to ice.
- Let harden for at least an hour before transferring into an airtight container to store. These cookies will last on the counter for up to 5 days. For best results, freeze them for up to 3 months.



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# Love Transcends Age

**I recently had the pleasure of speaking with Peter Warner (96) about his marriage to Ann (89) on November 24, 2021.**

Even after just over a year, their love continues to flourish and grow stronger. Ann and Peter's relationship began over a broken TV, both of them having been residents at Villa Assumpta in Pietermaritzburg for some time.

---

**...her fun-loving nature,  
sense of humour,  
and ability to have  
meaningful conversations  
as attributes that drew  
him to her.**

---

When Ann couldn't figure out how to fix her TV, she asked Peter for help. As Peter puts it, "one thing led to another." When asked what drew him to Ann, Peter replied, "She's good looking in my eyes," but he also cites her fun-loving nature, sense of humour, and ability to have meaningful conversations as attributes that drew him to her.

Peter believes that love is not an emotion,

but an action - a decision you make. He states, "I married my wife because I loved her, and I love my wife because I married her." He also wisely points out that mature love is not dependent on physical attraction, but rather on deeper togetherness. Furthermore, love is not age-related and can work at any age.

Ann, for her part, says, "I married my husband the day after his 95th birthday and he is not even rich! He, on the other hand, went for a younger woman. I was 88!"

**By: Natalie Gilbert (Telephone interview)**



"Purple Mookiting have been an integral part of the PADCA team for many years. Their knowledge in the area of care of the older person and, in particular, their understanding of the PADCA ethos has allowed a clear unambiguous conversation with our community. Their detailed research has supplied critical information which has helped guide our strategic plans. You could not ask for a better partner."

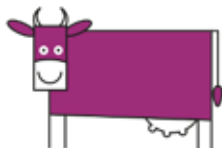
- Trevor Clowes  
CEO, PADCA

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## BLACKWOOD'S BANK ON BEGONIAS

Being out in the garden is a wonderful way to spend the summer months. Shrubs like hydrangeas, and perennials like agapanthus and daylilies fill the summer garden with colourful blooms. A much favoured summer colour annual which needs little, to no introduction is the Begonia.

Begonias have been gracing gardens for years and provide summer colour for shaded areas, although many modern hybrids perform in sunnier locations as well. Consider these for your summer gardens:

**BEDDING BEGONIAS:** Low-growing and compact at about 15cm to 25cm tall with green or bronze leaves. Flowers in shades of red, pink and white.

**BEGONIA BABY WINGS:** These begonias form neat little bushes some 40cm to 50cm tall with green leaves. They produce masses of small white, pink or red flowers and are long-lasting in warmer climates.

**BEGONIA DRAGON WINGS:** Pink or red flowers cover these plants for months. They have stout stems, up to about 40cm tall, with large green leaves.



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# South African 'Mini' Garden Birds

---

Send us your photos of common garden birds and you may see them published in one of our upcoming issues! Photos can be submitted to [editor@seniorlivingmag.co.za](mailto:editor@seniorlivingmag.co.za)



**The Bronze Mannikin** is no stranger to bird feeders. They are mainly seed-eaters and keep company with other "Bronzies," Red Backed Mannikins or Waxbills.

The bronze refers to a metallic green patch on their wings. Mannikin refers to its size. During the non-breeding season, at night, they will roost together in a roosting nest. Dominance hierarchies within the flock ensure that the

dominant birds get a better sleeping position (in the middle of a huddle instead of on the outside) and priority access to food. Their untidy ball-shaped nest's material is mostly collected by the male and then constructed by the female. Sometimes they use old, abandoned nests, such as a Weaver nest, to lay and incubate their eggs.

---

**The African Firefinch** is distinguished from the other Firefinches by its blue-black bill, brown back and wings. The "fire" refers to its red breast feathers! They are sedentary and a common species in sub-Saharan Africa. They feed on seeds and insects, mainly foraging on the ground in pairs or small groups. The nest is hidden amongst grass and vegetation, 0.5 – 2m above



ground, and is built solely by the male. It is also attractive to the Dusky Indigobird, who lays her eggs and then leaves them for the Firefinch to brood out and raise.

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# Keep on Growing

---

**Recent research shows that the human brain is able to keep growing and developing throughout life. Studies in the field of Neuroplasticity show that it is possible to stimulate brain growth at any age.**

The Growth mindset idea states that intelligence can be grown throughout our lives.

John Roff, a Growth Partner at Amber Glades Senior Living and a professional nature guide and holistic educator, has found that "people keep teaching me that any one of us can keep learning and growing, at any stage of life, and that life is more meaningful, fulfilling, and purposeful as we do."

## **How to Keep on Growing:**

### *Curiosity is fundamental*

John suggests caring for your curiosity in the same way you would care for a beloved grandchild or pet. He believes that there is a powerful relationship between curiosity and hope. Life-long learning is rooted in what he calls a culture of curiosity - that the world is fascinating, and there will always be something new to discover.

---

**...caring for your curiosity  
in the same way you  
would care for a beloved  
grandchild or pet.**

---

### *A Nature connection*

People have an inherent need for connection with plants, animals, and

inspiring landscapes. Even the shortest walk outside is good for you, and recent research shows that our well-being is rooted in the quality of our connection with the natural world.

---

**Nature and studying  
nature can be a form of  
spiritual growth...**

---

### *Spiritual growth*

The desire for meaningful spiritual experience and community is common to many people. Spirituality runs broad and deep, and John finds that "people respond to opportunities to explore the Mystery outside of religious structures, as well as in more traditional settings. It's never too late to ask big questions."

---

**As you keep on growing,  
in the ways that work  
for your life stage and  
capacity, you will enjoy  
life more...**

---

Nature and studying nature can be a form of spiritual growth - in John's work as a nature guide, he often sees people experiencing deep truths through simply being in wild places.





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Amber Glades is a secure, upmarket, senior living village for over 60s, in the picturesque KZN Midlands.

Amber Glades offers independent and assisted living within a vibrant community focused on your well-being, available as a life right purchase or rental option.



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## Amber Glades

John plays an integral role in providing Amber Glades residents with an outlet through nature, sharing his great wealth of knowledge and guiding them through our beautiful habitat. Through carefully created workshops, he also enlightens our community about the world at large. It is these little things that provide our residents with a space to grow and learn, where passions and hobbies are supported and lifelong friendships are created.

So, care for your curiosity, go outside, and ask big questions. As you keep on

growing, in the ways that work for your life stage and capacity, you will enjoy life more, and your family and the broader community will be more fulfilled, blessed and stimulated.

**Article written by John Roff, Growth Partner at Amber Glades, a senior living community uniquely focused on active aging and lifelong growth. Should you wish to learn more about our special community, join us at any of our Open Days held on the last Sunday of every month or contact Michele 078 868 4736, we would love to show you around.**





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In this presentation, we will describe the paradigm of customer relationship management and the lifetime value of each customer. We will explain what a customer relationship management system is, how it can **improve sales by over 40%** and how to evaluate the options in the marketplace.



### Book your spot now!

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Pietermaritzburg  
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Time: 10 am to 1 pm  
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Marian Villa Retirement Village, Pietermaritzburg, is home to approximately 130 seniors. Most residents **live independently** in our quaint cottages, (which vary in size). The "lock up and go" lifestyle suits people on the move, while plenty of community activity keeps them engaged when at home.



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Find us at [www.marianvilla.co.za](http://www.marianvilla.co.za) / on Facebook @marianvillapmb



# Ageing is an Opportunity, Not a Problem to Be Solved!

**Did you know that 25% of 60 years olds are in excellent health, and 50% are in good health?**

75% of this demographic are able to live an active life. Two-thirds of those over 65 need no assistance with daily living. Additionally, over half of people 85 years and older are able to live independently. The latest research, according to a global study released by Susan Golden, shows the vast majority will arrive at older age in good health and at the happiest stage of their life.

These longevity changes have resulted in the older adults' needs and wants changing. It is important for us all to reflect on what we believe ageing means as it is no longer about earning and then retiring. Depending on what you want to do with your many years beyond 60, you can learn new skills, start a new business, re-prioritise your life and much more. It is not about how old you are but rather about your functionality and health, how that can be maintained or improved, so you can do the things that bring you joy and so you feel empowered to live as you want.

Often, the assumption is made that the older adult should know how to plan for

and transition into this new stage of life, but we aren't equipped in our younger years on what to expect or how to adapt to it. NGOs in the seniors' sector play a key role in educating, advocating and guiding both older adults and those who love them. In years past, this has focused on physical health but it is now expanding. The last two years have put a spotlight on a major health concern for older adults, mental health. Loneliness affects so many and older adults are looking for more connection. Communities which focus on older adults can have such a positive impact on their outlook. Being meaningfully engaged and having a purpose is critical to an individual's health.

As you journey through the stages of maturing, get in touch with an expert in this field just as you have for other stages of life. Engage with a guide who will help you maximise your opportunities for the many years ahead.

**By: Trevor Clowes,  
CEO of PADCA**



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# Puzzle Corner

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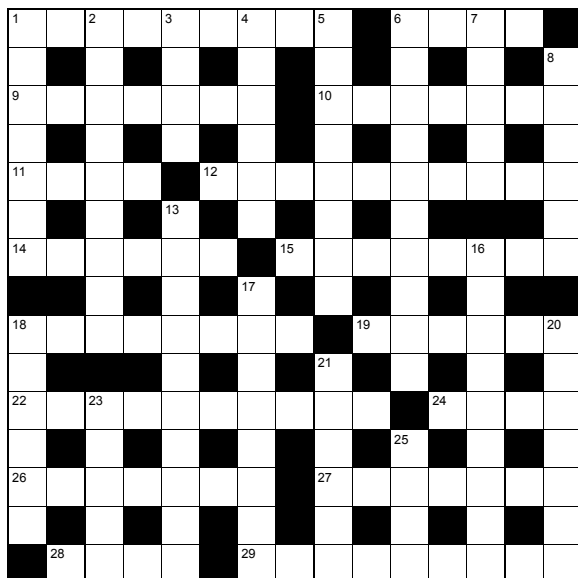
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## ACROSS

1. City of ancestral suffering (9)
6. Evasive about son being comfortable (4)
9. Sue assumes two fellows in charge to be enough (7)
10. Disrupted most of literary film preview (7)
11. Blades appearing when people have a row (4)
12. Note lack of talk about one displaying toughness (10)
14. B in test characteristic of a certain group (6)
15. Calming drug is vet's idea possibly (8)
18. Reliable-sounding Scottish city (8)
19. They work with a tool (6)
22. Applaud – yes, one goes wild, see (4,4,2)
24. Encourage some of our generation (4)
26. A complex plot's beginning to engross Peter perhaps (7)
27. Loose rocks by church make an unpleasant sound (7)
28. Advance payment for poet first off (4)
29. Former Blue Peter presenter wearing vest? (9)

## DOWN

1. Stick it to the end, leaving after the others (4,3)
2. Tent fire destroyed one Egyptian queen (9)
3. A family related by blood (4)
4. Two letters read aloud in tent (6)
5. Crooked Eritrean lawyer may ask for one (8)
6. Generous cleaner's given one board (10)
7. Ring lost in bar or beauty parlour (5)
8. Country producing oil we hear (6)
13. Middle name put first in place for telephone operators (4,6)
16. I close home – that's serious (2,7)
17. E.g. insert mobile numbers (8)
18. For example, American backed Charles (4,2)
20. Chap is to walk with female (7)
21. Relative keeps us in money (6)
23. Decorate for a party with sailors (5)
25. Exam offers alternative to a student (4)



## A Love Song

Twinkle twinkle little star I sing to my grand  
daughter sitting on my knee.  
Please granny sing another song for me.

Now I'm tone deaf and my voice is a pain to  
hear.

But my grandkids don't care.

I sing with gusto

After all that matters I'm their  
Gran you know.

I recall the words and they sing along  
We enjoy every jolly song.

That's the joy of grandchildren they don't judge  
you

They love whatever you do.

Whether it's a picnic in the garden or a  
sleepover they are full of delight.  
You are perfect in their sight.

Love is an emotion that makes life worth living  
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by Joan Truscott



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# Comic Relief

**Donald Knight is this month's winner of R500 sponsored by Oakleigh Life, for his funny, true-life story!**

For fifteen years or so, I had the wonderful opportunity to teach English in Taiwan. For the most part, I taught in two public junior high schools (grades 7-9).

One becomes very aware of differences and, in my case, the students were aware of the way I was different.

This was evidenced one day when I was standing with a lot of students and one student had become aware of the amount of hair on my arms and tentatively put out his hand to touch my forearm and said, "Gee, teacher, you have a lot of fur!"

Submit your giggle-worthy story of up to 130 words. Runners up will be featured on our social platforms and the winner will be featured in our magazine! Send to [editor@seniorlivingmag.co.za](mailto:editor@seniorlivingmag.co.za), using 'COMIC RELIEF' as your subject line.



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# Jokes Corner



## **Bee Funny**

Why did the bee get married?  
Because he found his honey.

**A couple is on a date at a fancy restaurant. The woman tells the man to say something to her that will get her heart racing. He says, "I forgot my wallet".**

## **Blonde Strikes Again**

A blonde tried to sell her old car. She was having a lot of problems selling it, because the car had 200,000 miles on it. One day, she told her problem to a brunette she worked with at a salon. The brunette told her, "There is a possibility to make the car easier to sell, but it's not legal." "That doesn't matter," replied the blonde, "If I only can sell the car."

"Okay," said the brunette. "Here is the address of a friend of mine. He owns a car repair shop. Tell him I sent you and he will turn the counter in your car back to 50,000 miles. Then it should not be a

problem to sell your car anymore."

The following weekend, the blonde made the trip to the mechanic. About one month after that, the brunette asked the blonde, "Did you sell your car?" "No," replied the blonde, "why should I? It only has 60,000 miles on it."

## **Spacey**

Why don't people like the restaurant on the moon?

Because there is no atmosphere.

**We're not socks. But I think we'd make a great pair.**

## **Winning an Argument**

Waiter: "How do you like your steak, sir?"

Sir: "Like winning an argument with my wife."

Waiter: "Rare is it!"

Source: [www.jokes4us.com](http://www.jokes4us.com)





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## GREENDALE HOUSE

Most units are single rooms, however, there are a limited number of double rooms. Full 24-hour care is offered, and there are lovely open spaces where residents and families can get together, both inside and outside.

In addition to HADCA's independent living units, which are sold on the life-right basis, we also offer three options for elder care – from the Cloisters through to Mews and Greendale House.



# Competition Corner

To enter all of the Senior Living competitions, simply send a WhatsApp with the word HELLO to 072 632 6023 and we'll reply with a list of links.

Select the competition's link given, and enter each competition as per the individual competition instructions. Where applicable, winners will be drawn on the 16th of March 2023 and winners will be notified via email/phone, and announced on our website.

**1. Win a R500 gift voucher, courtesy of Oakleigh Funeral Home, by finding the Butterfly hiding in the magazine.**

To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word BUTTERFLY as the COMPETITION KEYWORD, and the page number and location of the butterfly for the COMPETITION ANSWER.



**2. Win a R300 Blackwoods voucher, courtesy of Blackwoods Nursery.** To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word BLACKWOODS as the COMPETITION KEYWORD.

**3. Win one night's stay at Hilton Bush Lodge.** To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word BUSH as the COMPETITION KEYWORD.

**4. Win a R500 Woolworths voucher, courtesy of Senior Living, by finding the Heart hiding in the magazine.**

To enter, go to the link provided via WhatsApp, then fill in your name and contact details, use the word HEART as the COMPETITION KEYWORD, and the page number and location of the heart for the COMPETITION ANSWER.



We are always looking for funny, true-life snippets to share with our readers. Share yours, and if we print it, you will be rewarded with R500 cash (courtesy of Oakleigh Life). Submit your original story to [editor@seniorlivingmag.co.za](mailto:editor@seniorlivingmag.co.za) (use COMIC RELIEF as your subject line). See page 42 for this issue's winning funny, true-life story!

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